Culture of teamwork. Equality, sportsmanship and respect for ALL

Passion for sport and physical activity

Active for life Involvement in sport, healthy living and mental wellbeing

Beyond KS2

Refine leadership

Whole school – inter school competitions

Organize and manage team formations using collaboration and communication

Apply tactics and strategies to a competitive game

Consolidate ball and games skills.

Sports crew

Bikeability

Girls Active

Boys Active

Year 6

ORGANISE

Self Motivation | Respect | Evaluation | Resourcefulness

REFINE

Cornwall School Games

Introduce leadership

Refine layers of strategy: space, control, thinking

TECHNICAL CONTROL

Refine balls skills: dribbling, shooting, passing and receiving

Young leaders

Lawn bowling

Year 5

EXTEND

Whole school: My Personal Best

Integrity | Reflection | Self Discipline

Cornwall School Games

Introduce and develop games skills: bowling, striking, forehand, backhand

Explore tactics such as relationships and creating space

TACTICS

Develop ball skills: dribbling and shooting

Introduction to School Games

Intervention swimming

Year 4

APPLY

Problem solving | Trust | Decision making | Communication

Understand batting and fielding

Develop communication and collaboration

COMPETITION

Develop passing and receiving

Apply learning into apparatus and games

Introduction to Cornwall School Games

Swimming

Year 3

DEVELOP

Girls' Football Club – Disney Shooting Stars

Cooperation | Resilience | Encouragement

Introduce layers of strategy: space, control, thinking

Introduce passing and receiving

TEAMWORK

Explore effective teamwork

Consolidate throwing and catching

Pedal and ride

Active travel

Year 2

CREATE

Concentration | Empathy | Self Belief

Create contrasting movement sequences with expression

Introduce teamwork and building trust

STRATEGIES

Explore strategies

Understand the transition between attack and defense

KS1 5 a day

Year 1

UNDERSTAND

Girls' Football Club – Disney Shooting Stars

Gratitude | Imagination | Courage

Understand attacking and defending

Create ways of transitioning between movements

Combine sending and receiving skills

A, B, C FUNDEMENTAL SKILLS

Combining movements together

Pedal and ride

Muddy Monday

Healthy movers

EYFS

EXPLORE

Curiosity | Fairness | Honesty

Balance bikeability

Explore walking in different pathways

Explore creating our own movement sequences

PLAY

Understand taking turns, keeping the score and following rules

Explore ball skills, using our hands and feet. Rolling, bouncing, throwing and catching.

Mount Hawke Academy Physical Education Curriculum Learning Journey

YOUTH SPORT TRUST