

# MHA - Whole School Curriculum Map – PE

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	<b>Locomotion:</b> Walking and Jumping		<b>Ball Skills:</b> Hands 1		<b>Gymnastics:</b> High, Low, Over, Under		<b>Dance</b> Nursery Rhymes		<b>Ball Skills:</b> Feet		Games For Understanding	
Year 1	Health and Wellbeing	<b>Gymnastics:</b> Wide, Narrow, Curled	<b>Ball Skills:</b> Hands 1	<b>Gymnastics:</b> Body Parts	<b>Ball Skills:</b> Feet	<b>Dance:</b> Growing	<b>Ball Skills:</b> Hands 2	<b>Dance:</b> The Zoo	<b>Locomotion:</b> Running	Games For Understanding	Team Building	<b>Locomotion:</b> Jumping
Year 2	Health and Wellbeing	<b>Gymnastics:</b> Linking	<b>Ball Skills:</b> Hands 1	<b>Gymnastics:</b> Pathways	<b>Ball Skills:</b> Feet	<b>Dance:</b> Water	<b>Ball Skills:</b> Hands 2	<b>Dance:</b> Explorers	<b>Locomotion:</b> Dodging	Games For Understanding	Team Building	<b>Locomotion:</b> Jumping
Year 3	<b>Invasion:</b> Netball	<b>Swimming</b>	<b>Invasion:</b> Handball	<b>Gymnastics:</b> Symmetry & Asymmetry	<b>Invasion:</b> Basketball	<b>Dance:</b> Wild Animals	<b>Invasion:</b> Game Sense	<b>Gymnastics:</b> Linking	<b>Net / Wall:</b> Tennis	<b>OAA:</b> Communication and tactics	<b>Striking &amp; Fielding</b> Baseball	<b>Athletics</b>
Year 4	<b>Invasion:</b> Netball	<b>Gymnastics:</b> Symmetry & Asymmetry	<b>Invasion:</b> Handball	<b>Gymnastics:</b> Bridges	<b>Invasion:</b> Basketball	<b>Dance:</b> Cats	<b>Invasion:</b> Game Sense	<b>Dance:</b> Space	<b>Net / Wall:</b> Tennis	<b>OAA:</b> Problem Solving	<b>Striking &amp; Fielding</b> Baseball	<b>Athletics</b>
Year 5	<b>Invasion:</b> Netball	<b>Gymnastics:</b> Counter Balance and Counter Tension	<b>Invasion:</b> Tchoukball	Health Related Exercise	<b>Striking &amp; Fielding</b> Baseball	<b>Dance:</b> The Circus	<b>Invasion:</b> Hockey	<b>OAA:</b> Orienteering	<b>Invasion:</b> Ultimate Frisbee	<b>Net / Wall</b> Tennis	<b>Striking &amp; Fielding</b> Cricket	<b>Athletics</b>
Year 6	<b>Invasion:</b> Netball	<b>OAA:</b> Leadership	<b>Invasion:</b> Tchoukball	<b>Gymnastics:</b> Matching & Mirroring	<b>Striking &amp; Fielding</b> Baseball	<b>Dance:</b> Carnival	<b>Invasion:</b> Hockey	Health Related Exercise	<b>Invasion:</b> Ultimate Frisbee	<b>Net / Wall</b> Tennis	<b>Striking &amp; Fielding</b> Cricket	<b>Athletics</b>